

DR GARRY A HELPRIN

CARDIOLOGIST

MB BS FRACP FCSANZ

QUALIFICATIONS

Secondary Education, Cranbrook School, Bellevue Hill, NSW

Tertiary Education, University of NSW (1976-1980) (MB BS)

ACCREDITATIONS

Postgraduate Education

FRACP – Part 1 - 1982. Accreditation in Immunology and Cardiology Advanced Training. (3 years full time for latter)

FRACP – 1980.

FCSANZ – 2005.

SUB-SPECIALTIES

CURRENT POSITIONS

PROFESSIONAL EXPERIENCE

HOSPITAL POSTS

Intern and RMO (1981-1982)

Westmead Hospital

Terms in Neurology, Endocrinology, Vascular Surgery, O & G, Pediatrics, Medicine, General Surgery, Infectious Diseases, Urology, A& E.

SRMO and Medical Registrar (1983-1984)

at Wollongong Hospital with secondment to Prince of Wales and Prince Henry Hospitals. Terms in CCU, Cardiology, Medicine, ICU, Hematology, Renal, A & E, Geriatrics, Rehabilitation.

Medical Registrar (1985-1987)

at Royal Perth Hospital. Terms in Rheumatology, Immunology, Medicine, Respiratory, ICU and A & E. Secondment to Health Dept of WA as Acting Consultant Physician Port Hedland Hospital and Pilbara Region.

Cardiology Registrar (1988)

Royal Canberra & Woden Valley Hospitals

Cardiology Fellow (1989)

Prince of Wales and Prince Henry Hospitals

Senior Cardiology Registrar (1990)

Fremantle Hospital

Consultant Cardiologist in Private Practice. Acting Director of Intensive Care and Coronary Care, Bankstown Hospital (part time position). (Staff Specialist). (1991-1992)

VMO Intensivist (1993)

Bankstown Hospital

Consultant in ICU/CCU (1993)

Hornsby Hospital (Locum)

Consultant Cardiologist. Private Practice. Services include ECG, Stress Testing, Echocardiography, Stress Echo, Permanent pacemaker implants and follow up, Coronary Angiography, Holter, Event Recording, Ambulatory Blood Pressure monitoring, Spirometry. VMO Cardiologist at Strathfield Private, St George Private and Sydney Private Hospitals. General Medicine consults in Private Hospitals. (1991-Present)

VMO Professorial Medicine, (2006-Present)

Campbelltown and Camden Hospitals

VMO General Medicine, (2009-Present)

Fairfield Hospitals

48 to 72 hours a week Emergency on call for University affiliated Public Teaching Hospitals (2006-Present)

BIOGRAPHY

LOCATION

ADDITIONAL INFO

Teaching and Administration

Member , Faculty of Medicine, University of NSW 1992
Medical Administration Liason Registrar, Fremantle Hospital 1990
Member of Echocardiography Working Group, Cardiac Society of Australia and New Zealand 1990.
Medical Registrar in charge of FRACP training at Royal Perth Hospital 1987
Clinical Deans Award for teaching, 2009, UWS
Reviewer for "Heart, Lung and Circulation" 2011
Head of Department of Medicine Fairfield Hospital 2015 to present
Abstract Reviewer, Cardiac Society of Australia and New Zealand 2015
2017 - Invited Senior Member, Root Cause Analysis (RCA) team Sutherland Hospital.
2017 to present – Co-Chairman, Fairfield Hospital Clinical Council.
2018/2019/2020 – Acting Director, Medical Assessment Unit, Campbelltown Hospital
2018 - Member Clinical Council, Campbelltown Hospital.
2018 - Committee to select new General Manager, Fairfield Hospital.
2019 - Wrote \$55 million business plan for Fairfield Hospital that was accepted by NSW Shadow Cabinet.
2020 - VMO Representative on Campbelltown Hospital Medical Staff Council.
2020 - Department of Medicine Fairfield Hospital submission to Legislative Council, NSW Parliament.
2020 - Invited Guest Speaker Neurology Morbidity and Mortality Meeting "Cerebral Amyloid Angiopathy and Left Atrial appendage occlusion".
2006 to present - Yearly Medical Grand Rounds presentation, Campbelltown Hospital "Reflective Practice".

Overseas Experience

Cedars-Sinai Medical Centre, Los Angeles (Dr H J Swan & Dr J Vyden) 1980
Duke University Medical Centre, (Dr DC Sabiston) 1980. Cardiac Surgery.

Professional Associations

Cardiac Society of Australia and New Zealand (Full Member)
Australian Medical Association
Avant Insurance
ALUCA (Medical Specialist Subgroup)

ADDITIONAL INFO

Advanced Training Cardiology Experience



Left Heart Catheterisation, approx. 1,500 cases as primary or sole operator {both Judkins and Sones technique}
All aspects of Coronary Care Management (including intra-aortic balloon placement, pericardiocentesis, right heart catheterisation, temporary pacing wires)
Echocardiography including spectral Doppler and colour flow mapping. Approx 1,500 cases personally performed and reported, 500 cases reported only. Carotid Duplex Scanning.
Exercise testing performance and ECG and Holter Monitor reporting
Permanent pacemaker implantation. Approx 50 cases, mostly cephalic vein cutdown, VVI, VVIR and ODD.
Myocardial biopsy approx. 20 cases
Transesophageal echocardiography (biplane probe) approx. 50 cases
Electrophysiology; Bundle of His recording, VT induction and syncope studies approx. 20 cases

ICU Experience

1983 – ICU SRMO Wollongong Hospital.
1984 – ICU Registrar Port Kembla Hospital.
1985 – ICU Registrar Royal Perth Hospital.
1988 – Locum for Director of ICU, Royal Canberra Hospital.
1991 – Acting Director ICU, North Western Regional Hospital.
1991-92 – Acting Director of ICU and CCU, Bankstown Hospital
9 bed ICU, 6 bed CCU, 1600 admissions per annum

Consultant Locums

1987 – Port Hedland Regional Hospital (General Medicine).
1988 – Royal Canberra Hospital (ICU).
1991 – North Western Hospital Tasmania (General Medicine and ICU).
1992 – Alice Springs Hospital (General Medicine & Transplant Clinic).
1993 – VMO Intensivist, Bankstown Hospital.
1993 – Consultant in ICU, Hornsby Hospital.
2005 – ICU, General Medicine & Cardiology, Griffith Base Hospital
2006 – General Medicine & Cardiology, Bowral Hospital.
2006 – VMO, General Medicine, Campbelltown Hospital.
2007 – Cardiology, Lismore Base Hospital.
2008 – General Medicine, Bathurst Hospital. Research Projects

Research Projects

- Biplane transesophageal echocardiography in mitral valve prosthesis.
- Immunogenetics of Drug induced IgA deficiency.
- Renal cystic disease in mitral valve prolapse. Epidemiologic study of the role of alcohol in causing complications of mitral valve prolapse.
- Troponin in non Acute Coronary Syndrome

Academic Appointments

1991-92 – Senior Lecturer, Macquarie University, School of Biological Sciences.
2008 – Conjoint Lecturer in the School of Medicine, College of Health and Science at the University of Western Sydney.
2014 – Conjoint Senior Lecturer, University of NSW

Independent Medicolegal Reports

NSW Crown Solicitor
NSW Coroner
Australian Defence Forces
NSW Police
Western Australian Minister of Health
Various General and Medical Insurance Companies
Various Law Firms and Insurance Companies (Plaintiff, Defence, Independent)
Temporary appointment as Approved Medical Specialist 2014 NSW Workers Compensation Commission
Defence reports for Avant Medical Insurance

Publications

- Fixed dilated pupils associated with Atrovent Therapy, Lancet 1986 (ii) 1469.
- Staphylococcal Toxic Shock Syndrome, Aust NZJ Obstet Gyn 1981 21 248.
- Pneumatocele and Tension Pneumothorax in HIV infection, Aust NZ Med, 1990 20 257
- Are two imaging planes better than one in transesophageal echocardiography? Abstract to American College of Cardiology Meeting 1991.