

DR TANYA AHMED

PSYCHIATRIST

MBBS, MPHTM, FRANZCP

QUALIFICATIONS

Bachelor of Medicine, Bachelor of Surgery University of Adelaide (1991)
Master of Public Health and Tropical Medicine James Cook University (2002)
Graduate Diploma of Health Services Management University of New South Wales (1998)
Fellow of the Royal Australian and New Zealand College of Psychiatrists (2013)

ACCREDITATIONS

SUB-SPECIALTIES

Historical Child Sexual Abuse
Eating Disorders
Perinatal Psychiatry

CURRENT POSITIONS

Senior Staff Specialist (2022-Current)
Royal Prince Alfred Hospital, Sydney

Visiting Medical Officer Psychiatrist (2017-Current)
Wesley Ashfield Hospital, Ashfield NSW

Psychiatry Consultant (2017-Current)
Medilaw Group

PROFESSIONAL EXPERIENCE

VMO Psychiatrist (2021-2022)
Royal Prince Alfred Hospital, Sydney

VMO Psychiatrist (2019-2021)
Prince of Wales Hospital

Clinical Director and inpatient VMO Psychiatrist (2014-2019)
South East Regional Hospital Psychiatric Unit, Bega

Clinical Director and Staff Specialist Psychiatrist (2015-2017)
Ryde Community Mental Health Centre, Ryde

Consultation Liaison Psychiatrist (2013-2015)
RNSH

Principal (2008-2014)

RaggAhmed

BIOGRAPHY

Dr Tanya Ahmed has worked in a number of different areas, including psychiatry, clinical medicine, international health, management and leadership, consultancy, research, media and teaching. Her special interests are population mental health and advocacy, physical health of people with mental illness, the mental health of disadvantaged groups, women's mental health, leadership in mental health and communication in health.

Dr Tanya Ahmed has gained a rich and varied training experience across numerous clinical settings, and received her fellowship of the Royal Australia and New Zealand College of Psychiatry in 2013.

Dr Ahmed has accreditation to provide reports for NSW Motor Accidents SIRA, NSW Workcover, Workcover Tasmania and WA Workcover. Dr Ahmed will not see children under the age of 16.

LOCATION

Sydney

AWARDS

GSAHS CE award in quality practice for "Don't quit on quitting" SERH (2018)

Goodnews SANE Stigmawatch award for "mental illness and violence do not go hand in hand" (SMH 11/09) (2009)

Community doctor tutor award, Sydney University (2002)

Most popular tutor awards, Concord Hospital Clinical School (2001/2002)

Excellence in teaching awards, Sydney University (2001/2002)

Humanitarian Overseas Service Medal, awarded by the Governor-General (2000)

PUBLICATIONS

Ahmed T & Silagy C. The move towards evidence-based medicine [editorial].
Medical Journal of Australia 163(2):60-1, 1995 Jul 17. (1995)

Smoke and mirrors: a review of the literature on smoking and mental illness, 2008, Cancer Council NSW (2008)

Ahmed T and Ragg M. *No reason not to quit*. Therapy Update, Australian Doctor. June 1 2012 (2012)

Ahmed T, Ragg M, Allan J. Smoking cessation does not worsen the mental health of people with schizophrenia or major depression, Australasian Psychiatry (2012)