

# DR CHRIS ZAPPALA

## SLEEP DISORDER & RESPIRATORY PHYSICIAN

### QUALIFICATIONS

**MBBS** University of Queensland (1<sup>st</sup> Class Honours) (1997)  
**Aeromedical Evacuation in Rotary Wing Aircraft -**  
Royal Australian Army Medical Corps, (Completed at Aviation Wing Oakey) (2002)  
**Early Management of Severe Trauma -**  
Royal Australasian College of Surgeons, (Completed at RAAF Base Richmond) (2003)  
**Fellowship of the Royal Australasian College of Physicians** (2007)  
**Graduate Certificate of Applied Economics** (2008)  
**Master of Health Management** University of Sydney (2011)  
**Doctor of Medicine** University of Melbourne (2013)

### SUB-SPECIALTIES

Thoracic and Sleep Medicine  
Interstitial Lung Disease  
Pulmonary Hypertension

### CURRENT POSITIONS

**Visiting Thoracic & Respiratory Physician**  
Royal Brisbane & Women's Hospital, Brisbane  
St Andrew's War Memorial Hospital, Brisbane  
Wesley Hospital, Brisbane  
St Stephen's Hospital, Hervey Bay

**Reserve Regimental Medical Officer**  
Royal Australian Army Medical Corps  
2 HSB Gallipoli Barracks, Brisbane

### PROFESSIONAL EXPERIENCE

**Clinical Fellow** (2005)  
Interstitial Lung Disease Unit Royal Brompton Hospital, London

**Advanced Training Registrar in Thoracic & Sleep Medicine** (1998)  
Royal Brisbane & Women's Hospital, Brisbane

### BIOGRAPHY

Dr Zappala worked within the Royal Australian Army Medical Corps as a Reserve Regimental Medical Officer taking care of the health of deployable officers including aspects of preventative health and exercise planning. He held command of medical assets at unit level.

He continued to do further advanced training in Thoracic and Sleep Medicine with the Royal Brisbane Hospital involving patient consultations and multidisciplinary clinics. There was also a strong emphasis on student and junior medical officer teaching.

In 2005 he undertook a Fellowship involving clinical research with a sub-specialised inpatient, outpatient and consultation service component with The Royal Brompton Hospital in their Interstitial Lung Diseases Unit. This position was followed with a further Honorary Research Fellowship involving further data collection and collegiate interaction.

Dr Zappala is currently involved in an examination of the effects of posture change in obesity on respiratory function with the Royal Brisbane Hospital.

### LOCATION

Brisbane