

# DR MARTIN ALLAN

## PSYCHIATRIST

MBCHB FRANZCP



### QUALIFICATIONS

**Consultant Psychiatrist** Fellow of Royal Australian and New Zealand College of Psychiatrists (2013)  
**Australian Medical Certificate** Australian Medical Council (2008)  
**Bachelor of Medicine and Bachelor of Surgery** Aberdeen University, United Kingdom (2004)

### ACCREDITATIONS

SIRA DRS Medical Assessor (2017 CTP Scheme)  
SIRA MAS Medical Assessor (1999 CTP Scheme)  
WorkSafe Victoria Independent Medical Examiner (September 2019- June 2021)  
SIRA Workers Compensation Injury Management Consultant  
WorkCover WA Approved Medical Specialist (AMS)  
SIRA Workers Compensation Trained Permanent Impairment Assessor  
SIRA CTP Trained Permanent Impairment Assessor  
Comcare Permanent Impairment Assessor  
WorkCover Tasmania Accredited Permanent Impairment Assessor

### SUB-SPECIALTIES

Disorders of drug and alcohol misuse  
Bipolar Disorders  
Depressive Disorders  
Psychotic Disorders  
Anxiety Spectrum Disorders

### CURRENT POSITIONS

**Consultant Psychiatrist** (2017-Current)  
Braidwood Therapists, Sydney

**Consultant Psychiatrist** (2013-Current)  
Medico Legal Opinions, Sydney

**Visiting Consultant Psychiatrist** (2017-Current)  
Moruya Community Health Services, Moruya District Hospital

### PROFESSIONAL EXPERIENCE

**Advisor on psychological cases** (2015)  
Suncorp Insurance, Sydney

**Advisor on psychological cases (Government)** (2015)  
Allianz Australia Insurance, Sydney

**Visiting Consultant Psychiatrist** (2015-2016)  
Springfield House, Community Mental Health Services, Goulburn

**Visiting Consultant Psychiatrist (2014-2015)**

Ryde Community Health Services, Eastwood

**Inpatient Consultant Psychiatrist (2013-2018)**

Chisholm Ross Centre, Goulburn Base Hospital

**Visiting Consultant Psychiatrist (2013)**

Missenden Psychiatric Unit, Royal Prince Alfred Hospital, Sydney

## **BIOGRAPHY**

Dr Martin Allan has been in the field of Psychiatry for over 10 years, with a special interest in early intervention and depressive bipolar disorders, as well as anxiety, depression, and psychotic illnesses. Dr Allan obtained his fellowship to the Royal Australian and New Zealand College of Psychiatrists in 2013. Having studied in Aberdeen, United Kingdom, Martin relocated to Sydney in 2005 ahead of his training within adult psychiatry.

Dr Allan began his training at Royal Prince Alfred Hospital and the Concord Centre for Mental Health, with his final years of training focused on developing his skills and approach to individuals across the age spectrum. Advanced generalist training provided Dr Allan with experience in the areas of rehabilitation, adult high acuity, psychogeriatrics and early intervention, with the variation reflecting his interest in pathology presenting across the age range.

As one of our resident psychiatrists, Dr Allan is involved with our telehealth appointments. These appointments are conducted online as opposed to the usual face-to-face consultations and allow Dr Allan to assess claimants in harder to reach areas in a better time frame. A telehealth appointment allows the claimant to be assessed from the comfort of their own home or their local medical clinic, limiting the need for travel for both the claimant and Dr Allan.

Dr Allan was recently appointed as a Dispute Resolution Services Decision Maker for SIRA (state Insurance Regulatory Authority). Dr Allan is also an accredited Comcare Whole Person Impairment Assessor, as well as a NSW Workers Compensation and Tasmania WorkCover Whole Person Impairment Assessor.

Dr Allan is Sydney-based and will accept referrals for claimants 18 years and over.

## **PUBLICATIONS**

- Acute Psychiatric Management, 3rd Edition. Health Education & Training Institute. Edited by Dr Martin Allan.