

DR STUART SAKER

PSYCHIATRIST

MBBS MPH MHA

QUALIFICATIONS

MBBS, BA University of Sydney (1994)
Member Royal College of Psychiatrists (2001)
Masters Public Health University of Sydney (2004)
Health Insurance Commission: Specialist Recognition (2004)
Masters of Health Administration UNSW (2005)
Health Insurance Commission of Australia Recognition as Consultant Physician (Psychiatry) for private practice purposes (2006)
PMETB (UK) Eligible for Registration on the Specialist Register (UK) (2008)

ACCREDITATIONS

SUB-SPECIALTIES

CURRENT POSITIONS

Private Psychiatrist (2015-Current)
The Healthe Mind Clinic, Toronto

PROFESSIONAL EXPERIENCE

Private Psychiatrist (2002-2015)
The Bankstown Clinic, Bankstown
Visiting Medical Officer (2007-June 2012)
Australian Defence Force, Holsworthy Barracks
Army Reserve Medical Officer (2003-current)

Public Sector employment: Staff-Specialist Psychiatrist (Jan 2002-2010)
General Adult Psychiatry, Bankstown-Lidcombe Hospital

BIOGRAPHY

The Bankstown Clinic (Bankstown)

- I have been working in a multi-disciplinary Private Practice with a Youth Mental Health Focus
- I also see many military presentations

Australian Defence Force

Prior to 2007 I provided a Consultant Psychiatry service to the 1st Health Support Battalion as an Army reserve Medical Officer (2004-2007). From 2007 I have worked as VMO Civilian Contractor to Defence in the same capacity. In this role I have provided Inpatient (Simpson Ward, 1HSB) and Outpatient services to Defence members.

Responsibilities:

- Education of UNSW Medical Students
- Participation in Multi-Disciplinary Team Reviews
- Leadership role from Clinical Governance perspective
- On-call and call-back role for Simpson Ward
- Contribution to Soldier review Boards & Case Conferences

Army Reserve Medical Officer

My current responsibilities as an Army reserve Psychiatrist include on-call for 1HSB and for the Deployed Forces in the ADF for telephone psychiatric consultations. I have frequently been a co-convenor of the AMH00 Course and recently assisted LTCOL Nicole Saddler in revising and updating the course. I have a current TOP SECRET security clearance.

Bankstown-Lidcombe Hospital

I was recently employed as a staff-specialist psychiatrist at Bankstown-Lidcombe Hospital and have been in this position either fulltime (2002-2007) or part-time (3 days per week) from 2007 to 2010 for 7 years. This was an integrated general-adult and community position. Responsibilities include acting as a "senior clinician" within the service as per the South Western Sydney Area Health Service job description.

Responsibilities:

- Senior Medical role within the Early Psychosis Intervention Team
- Inpatient Team Leader
- ECT committee and responsibility for registrar training in ECT
- Senior Clinician role Clozapine Clinic
- Arranging registrar teaching sessions and Journal Clubs
- Education and Examination of Medical Students from the University of NSW
- Registrar Supervision
- Deputy Medical Superintendent for NSW Mental Health Act Purposes
- Deputy Clinical Director & Acting Clinical Director at times

LOCATION

Toronto

ADDITIONAL INFO

MEMBERSHIPS:

Australian Medical Association, 1996
International Early Psychosis Association, 2003
Australian Health Promotion Association, 2004
Australian Military Medical Association, 2005

OTHER TRAINING & CONTINUING PROFESSIONAL DEVELOPMENT:

- Enrolled in Royal College of Psychiatrists Continuing Professional Development
- 2011 Completed MDMA-Assisted Psychotherapy Training in Israel
- 2010 Completed Edinburgh Sleep Medicine Course
- Australian Mental Health Leadership Programme (2007) (Melbourne University)
- ECT Fellowship (Duke University 2006)
- Conjoint Senior Lecturer Appointment University of NSW (2003-2010)
- Specialist Service Officer Course (2003) at RMC, Duntroon
- GP Education & Training: **SPHERE** Depression (2002-2003), Recognition & Management of Depression/ Anxiety (**SPHERE** 2002-2003), Recognition and Management of Psychosis (2003) and Management of Persistent Pain (2004).
- Psycho-Education Sessions with Early Psychosis Team (2000-2004)
- Co-Chaired CBT for Anxiety Disorders Groups for children (2000)
- Completed CBT for Psychosis Course (Ryde Community Team 2000)
- Participated in Royal Flying Doctor Clinics to Nyngan/ Bourke with focus on Rural, Remote & Indigenous Mental Health (1999-2001)
- Completed RANZCP Clinical Supervision Course (2003) and appointed RANZCP Clinical Supervisor (2004).
- Motor Accident Authority Accredited
- Accredited WorkCover Assessor
- 2016 completed Repetitive Transcranial Magnetic Stimulation (rTMS) training

ADDITIONAL INFO

Other activities:

- 2003: SSO Course
 - 2004: Aero-Medical Evacuation Course
 - 2004: EMST Course
 - 2004: Deployed OP ANODE (Solomon Islands) as AME MO (3 months) and was used in my secondary Consultant Psychiatrist role + FET MO
 - 2005: OP SUMATRA ASSIST: FET MO & Consultant Psychiatrist (1 month)
 - 2005 OP CATALYST (Iraq): Deployed to Balad Airforce Base as a Resuscitation Medical Officer (3 months)
- Secondary Consultant Psychiatry Role:

- o Became Consultant Psychiatrist for the US Airforce, Psychiatry Consultation Liaison Team at the Hospital
- o Worked with the US Combat Stress Control Team
- o Worked in the US Army, Psychiatry Outpatient Clinic
- o Ran Group relaxation Courses for Inpatients at the Hospital (with written testimonials from CO Hospital)
- 2005: OP CATALYST (Kuwait): Deployed as a Consultant Psychiatrist to augment the FET Psychology RTAPS team for SECDET IX
- 2006: OP QUICKSTEP: Deployed as AME Medical officer on HMAS Kanimbla
- 2007: LOBC completed

2001

- Jun-July General Adult & Psychotherapy. Day-Hospital setting with emphasis on Jungian Psychotherapy, Group and Family Therapy and CBT
Chase-Farm Hospital, LONDON
- July-Jan Senior Registrar, Community Mental Health
Cremorne Community Mental Health Team
SYDNEY

2000

- Jan-July Child & Adolescent Psychiatry Registrar
Royal North Shore Hospital
SYDNEY
- July-Jan Consultation-Liaison & Community Psychiatry Registrar
Hornsby Ku-Ring-Gai Hospital, SYDNEY
Passed General Medical Examination

1999

- Jan-April Aged-Care Psychiatry SHO
Conquest Hospital, Hastings
- April-July Acute Adult Psychiatry Registrar
Hornsby Ku-Ring-Gai Hospital
SYDNEY
- July-Jan Rehabilitation Psychiatry Registrar
Macquarie Hospital, SYDNEY

1998

- Jan-Feb: General Practice (Sydney)
- April-May: Emergency Dept (Darwin)
- June: General Practice (Sydney)
- July-Aug: General Practice (Townsville)
- Aug-Jan: General Adult Psychiatry Registrar (Campbelltown Hospital)

1996-1997

- Sept-Jan Psycho-Geriatrics Registrar (5 months)
- Jan-July Adult General Psychiatry (6 months)

July-Jan

Psychotherapy/Adult Psychiatry (6 months) - (Shortland Clinic)

Passed 1st Year Examination

General Medical Examination (RANZCP)

1996

RMO 1 (Sir Charles Gardiner Hospital, PERTH)

1995

Intern (Canberra Hospital, CANBERRA)