

DR JATINDER (JAY) BAINS

PSYCHIATRIST

BSC MBBS MPHIL MRCPSYCH MMED FRANZCP

QUALIFICATIONS

Bachelor of Science (1989)
Bachelor of Medicine, Bachelor of Surgery (1992)
Master of Philosophy (1995)
Member Royal College of Psychiatrists, (1998)
Fellow Royal Australian and New Zealand College of Psychiatrists, Location (2000)

ACCREDITATIONS

NSW WC iCare Trained Whole Person Impairment Assessor

SUB-SPECIALTIES

Trauma and Abuse
Psychotherapy

CURRENT POSITIONS

Senior Consultant Psychiatrists (Current)
Western Sydney Local Health District

Conjoint Lecturer (Current)
University of Sydney

Consultant Psychiatrist & Psychotherapist (Current)
Private Practice

PROFESSIONAL EXPERIENCE

South Eastern Sydney Psychiatry Training Network (1998-2000)

Cambridge Psychiatry Rotation (1994-1998)
Employer, Location

LOCATION

Sydney

PUBLICATIONS

Korner A, McLean L, Haliburn J, **Bains J**, Stevenson J, Halovic, S, Williamson M, Graham P. (2018). Holding The Space, Protecting the Personal. *Australasian Journal of Psychotherapy* 36(1): 8-21.

Bains J, Birks JS, Denning TR. The efficacy of antidepressants in the treatment of depression in dementia (Cochrane Review). In: The Cochrane Library, Issue 4, 2005. Oxford: Update Software. Study submitted as part of application for a grant for a UK based multi-centre trial to clarify whether antidepressants are effective in depressed patients with dementia. £1,550,000 awarded by the NHS Health Technology Assessment Programme (Oct 2005).

Bains J (2005). Race, Culture and Psychiatry: a history of the transcultural psychiatry. *History of Psychiatry* 16(2):139-154. Interpretation of the history of transcultural psychiatry beginning with its creation in the aftermath of WWII as an alliance between psychiatry and anthropology. Accepted by the RANZCP in lieu of the College dissertation.

Denning T, **Bains J** (2004). Mental health services for residents of care homes. *Age and Ageing* 33:1-2. Editorial examining the high rate of unmet mental health need in care homes, the effective possible interventions and possible strategies for primary and specialist services to meet this need.

Bains J, Nielssen O (2003). Combining depot antipsychotic medication with novel antipsychotics in Forensic Patients: a practice in search of a principle. *Psychiatric Bulletin* 27:14-16. Study which reveals and analyses the reasons for the frequent prescribing (26%) of combinations of oral atypical antipsychotic medication with depot antipsychotic and the low use of clozapine in the Forensic Patient population of New South Wales.

Parker G, Hilton T, **Bains J**, Hadzi-Pavlovic D (2002). A cognitive-based measures screening for depression in the medically ill: the DMI-10 and the DMI-18. *Acta Psychiatr Scand* 105:419-426.

Bains J, Birks JS, Denning TR. The efficacy of antidepressants in the treatment of depression in dementia (Cochrane Review). In: The Cochrane Library, Issue 4, 2002. Oxford: Update Software.

Parker G, Hilton T, Hadzi-Pavlovic D, **Bains J** (2001). Screening for depression in the medically ill: the utility of a cognitive-based approach in a new case-finding instrument. *Australian and New Zealand Journal of Psychiatry* 35(4):474-480.

Our cognitive-based measure is based on cognitions and was compared to the BDI and HADS in a heterogenous sample of medical inpatients. My role was to assist in the design of the both the study and our measure, recruit patients, conduct a clinical interview and administer the CIDI. This work has lead to 2 publications, the first reporting on the development of the screening measure and the second a full-scale study of the measures properties and utility in sample of over 300 medical inpatients, using my clinical judgement as the criterion measure.

Bains J and Vassilas C (1999). Carers of people with dementia: their experience of ward rounds. *Aging and Mental Health* 3(2): 184-187. Questionnaires were administered over the telephone to 67 carers of dementia sufferers who had attended an in-patient ward-round in a district general hospital. The majority of carers found that attending the ward-round was a positive experience. Attention needs to be paid to explaining the purpose and composition of the ward-round to prospective attenders. Routine enquiry as to carers' views is important in any old age psychiatry service and using telephone questionnaires is a useful method to gather this information.

Bains J (1998). From reviving the living to raising the dead: the making of cardiac resuscitation. *Social Science and Medicine* 47(9): 1341-1349. A Latourian interpretation of the making of cardiac resuscitation, the analysis revealing that the more successful cardiac resuscitation became as a fact the more it failed as a medical manoeuvre. An explanation is offered for this paradox. Work subsequently supported by the work of Professor Hillman on medical emergency teams at Liverpool Hospital (NSW).