**DR TANYA AHMED**

**PSYCHIATRIST** |MBBS, MPHTM, FRANZCP



Overview

Discover the versatile expertise of Dr Tanya Ahmed, a seasoned professional with a wealth of experience spanning psychiatry, clinical medicine, international health, management and leadership, consultancy, research, media and teaching. With a focus on population mental health, advocacy and leadership in mental health, Dr Ahmed brings a unique blend of skills to the table.

Her extensive training across various clinical environments culminated in her Fellowship with the Royal Australia and New Zealand College of Psychiatry in 2013. Accredited by multiple authorities including NSW Motor Accidents SIRA and Workcover, Dr. Ahmed is equipped to provide top-tier reports.

Notable publications such as "Smoke and mirrors: a review of the literature on smoking and mental illness" and “Smoking cessation does not worsen the mental health of people with schizophrenia or major depression” underscore her commitment to advancing understanding in the field. Harness the specialised expertise of Dr Tanya Ahmed for comprehensive mental health care and advocacy tailored to adult needs.

Note: Kindly be advised that Dr Ahmed does not provide services to individuals under the age of 16.

Special Areas of Expertise

* Historical Child Sexual Abuse
* Eating Disorders
* Perinatal Psychiatry

Current Positions

* Senior Staff Specialist (2022-Current), Royal Prince Alfred Hospital, Sydney
* Visiting Medical Officer Psychiatrist (2017-Current), Wesley Ashfield Hospital, Ashfield NSW
* Psychiatry Consultant (2017-Current), Medilaw Group

Consulting Areas

* Sydney, NSW
* Telehealth
* MindSense Assessment

Qualifications, Accreditations
and Awards

* Bachelor of Medicine, Bachelor of Surgery University of Adelaide (1991)
* Master of Public Health and Tropical Medicine James Cook University (2002)
* Graduate Diploma of Health Services Management University of New South Wales (1998)
* Fellow of the Royal Australian and New Zealand College of Psychiatrists (2013)
* GSAHS CE award in quality practice for “Don’t quit on quitting” SERH (2018)
* Goodnews SANE Stigmawatch award for “mental illness and violence do not go hand in hand” (SMH 11/09) (2009)
* Community doctor tutor award, Sydney University (2002)
* Most popular tutor awards, Concord Hospital Clinical School (2001/2002)
* Excellence in teaching awards, Sydney University (2001/2002)
* Humanitarian Overseas Service Medal, awarded by the Governor-General (2000)