



DR JUSTINE SCHELLE

PSYCHIATRIST | BMS, MBBS, MS

MINDSENSE
CENTRE OF PSYCHIATRY

Overview

Justine Schelle is a distinguished psychiatrist with a wealth of professional experience spanning over two decades. Having commenced her journey as a Trainee at the Royal Australian and New Zealand College of Psychiatrists, Dr Schelle honed her expertise in mental health care, progressively advancing to roles of significant impact.

Her dedication to excellence led her to become a Methadone & Buprenorphine Prescriber in 2005, showcasing her commitment to innovative treatment modalities. Dr Schelle further expanded her skill set by completing the LEDAR Mediation Course in 2012, enhancing her ability to navigate complex patient interactions with empathy and efficacy. Her versatile career includes pivotal roles such as serving as an In-situ Psychiatrist at the Australian Tax Office, Sydney NSW, and providing consultancy services in psychiatry for Medico Legal Opinions, Sydney NSW.

Dr Schelle's tenure as a Consultant Psychiatrist at Dean House CHC & Banksia Psychiatric Unit, Tamworth Rural Referral Hospital, and Canterbury Community Health Centre demonstrates her proficiency in delivering comprehensive mental health care across diverse settings. With a reputation for professionalism and compassion, Dr Schelle continues to make invaluable contributions to the field of psychiatry, enriching the lives of her patients and communities alike.

Special Areas of Expertise

- Historical Child Sexual Abuse

Current Positions

- Consultant Psychiatrist (September 2018–Current), Private Practice (Telepsychiatry)
- Consultant Psychiatrist (April 2016–Current), IPMHU, PECC, CMHT - Assertive Outreach Team, Royal North Shore Hospital, St Leonards NSW
- Consultant Psychiatrist (November 2008–Current), Garden Court Methadone Clinic, Enmore NSW

Consulting Areas

- Sydney, NSW
- Telehealth
- MindSense Assessment

Qualifications, Accreditations and Awards

- RANZCP
- WorkCover (NSW) Training in the Evaluation of Permanent Impairment (March 2009, August 2020)
 - Core Module
 - Mental & Behavioural Disorders
- Bachelor of Medical Science University of Tasmania (Dec 1993)
- Bachelor of Medicine/Bachelor of Surgery University of Tasmania (Dec 1996)
- Fellow of the Royal Australian and New Zealand College of Psychiatrists (Nov 2005)
- Master of Psychiatry NSW Institute of Psychiatry (May 2006)